

DISINFECTION MEASURES

We have implemented several measures to insure the safety of patients, staff and gym members:

- Limit number of members on the gym floor to a maximum of 10 members at any given time
- Limit time in the gym to 45 minutes (only enforced when the above capacity is reached)
- Contactless temperature check of all members before using the gym with health screening questions
- Terminal cleaning of the entire facility before opening and after closing
- Members must wipe their equipment before AND after use
- All equipment are further disinfected by gym staff after each use
- All cardiovascular equipment are placed on alternate operating pattern to allow social distance between members
- Mask will be required for all non-strenuous activities like weight machines and low-impact aerobics machines
- Showers and lockers will be cordoned off
- No water fountain use, only bottles
- Only one-on-one consultations will be allowed with advanced appointments

The following poster is displayed around the gym floor along with several other COVID-19 safety measure signs.

EWC SAFETY



All members must be temperature screened (contactless), asked health-related screening questions, and checked-in before using the facility.

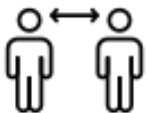
PLEASE STAY HOME IF YOU ARE SICK



Maximum of 10 members at any given time. 45 minutes limit when capacity is reached



Mask required for all non-strenuous activities like stretching and low-impact aerobics machines. **ASK EXERCISE SPECIALIST IF YOU NEED HELP**



Please keep 6 feet of physical distance with other members



All equipment must be wiped before AND after each use



Cardiovascular equipment will be place on alternate operating pattern to allow social distance between members



Wash hands and use hand sanitizer to prevent the spread of germs

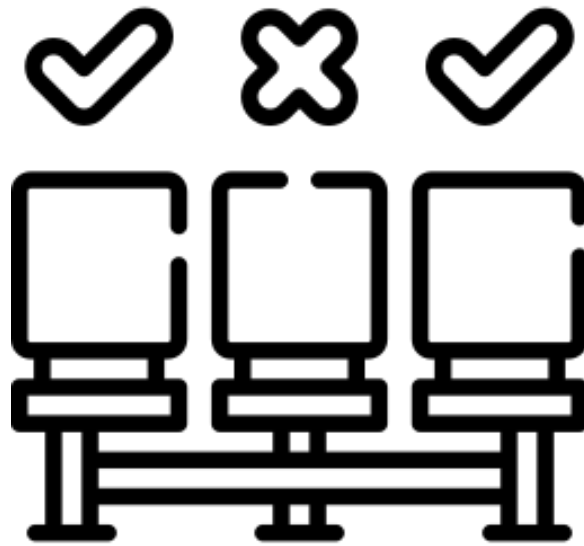
EWC SAFETY



All equipment must be wiped
before **AND** after each use

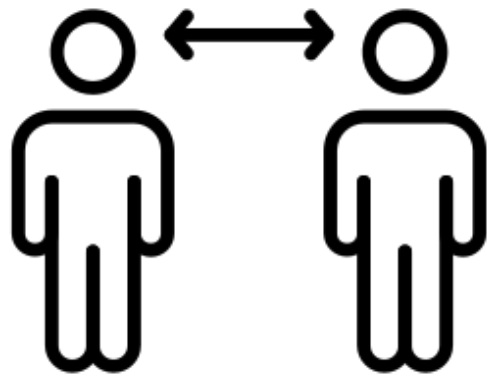
**DO NOT GET SPRAY ON CLOTHES.
IT WILL DAMAGE IT!**

EWC SAFETY



Please keep one station free between you and the next person on the SPEEDLINE

EWC SAFETY



Please keep 6 feet of physical distance
with other members



Mask required for all non-strenuous activities like
stretching and low-impact aerobics machines.

ASK EXERCISE SPECIALIST IF YOU NEED HELP

EWC SAFETY

NO LOCKERS

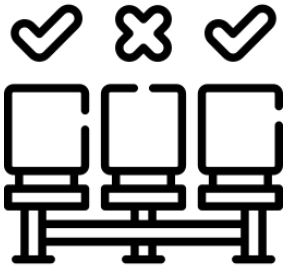
As a COVID-19 precaution, please do not use the lockers. Apologies for any inconvenience this may cause.

EWC SAFETY

NO SHOWER

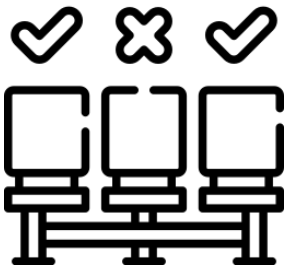
As a COVID-19 precaution, please do not use the shower. Apologies for any inconvenience this may cause.

EWC SAFETY



As a COVID-19 precaution, this equipment is not operating today to allow for social distancing between members.

EWC SAFETY



As a COVID-19 precaution, this equipment is not operating today to allow for social distancing between members.